



Health & Safety Executive Approved 1 Day Emergency First Aid At Work Course for Martial Arts Instructors

23rd July 2011

Course duration: 1 day

Fee (per person): Only £55.00

Tony Sewell's Martial Arts Academy, are proud to offer HSE EFAW courses. This course has been designed to meet the Health & Safety Executive requirements for Emergency First Aid in the workplace.

This course is Delivered by a Fully Qualified HSE and Martial Arts Instructor and is designed to meet the specific needs of any Martial Arts training environment.



Course Content

The course has been designed as per the HSE regulations and also tailored to suit the needs of the Organisation.

The Core Modules are:

- Aims of First Aid
- Dealing with an emergency
- Priorities of Treatment
- Cardio Pulmonary Resuscitation
- Recognition and treatment of regurgitation
- Choking
- Unconscious Patient (including Recovery position)
- Fits
- Bleeding
- Shock
- Wounds & Bleeding
- Treatment of bleeding and Minor injuries
- Burns & Scalds
- Recording Incidents & first aid Actions
- Additional modules as required



Certification and Assessment

The Course is Assessed by an ongoing Practical Skills Assessment. Successful students will be issued an HSE Emergency First Aid At Work Certificate.

The fee's quoted for this course are 'per person' for individuals attending our public/open courses or 'Group' for training of up to 12 delegates delivered 'in house' (at Tony Sewell's Martial Arts Academy)

If there is additional content you would like within the First Aid course that would suit your training more, please don't hesitate to contact us and we can find a solution.

To book course either call 01332297286 mobile: 07973431457 or email, tony@derby-tkd.co.uk