

GTI Open Nationals Sunday 3rd July Colchester

Entrants can compete in Sparring, Patterns and Destruction (Board breaking) at this event.

There will also be several free 45 minute workshops taking place from top martial artists, including a Locks & Levers class with Steve Timperly and another covering

GTI OPEN NATIONALS
SUNDAY 3RD JULY 2011

Seminars with Martial Arts Masters
Martial Arts Expo
Family fun event inc Bouncy Castle
Cafeteria

- Under 5's free
- Spectators £5
- GTI Competitors £15
- Non-GTI Competitors £20
- Concessions

9.30am
Leisure World Highwoods
Brinkley Lane, Colchester CO4 9PU
Contact: 07963065229
tournaments@gti-taekwondo.com

NB: Photographic/video equipment will be used at this event. Images captured may be used for promotional and/or training purposes. The organisers reserve the right to refuse admission.

some of the techniques found in the Philipino martial art of Arnis (Eskrima) with Eric Amada and Pat O'Mally. To keep the younger children entertained there will be a bouncy castle and face painting available. Martial arts equipment stalls will also be present.

The GTI Black Belt Competitors of the Year Awards for 2010/2011 will be presented at this event, which is also the opening tournament for the 2011/2012 season. Points are accumulated on a ranking table by black belt entrants who gain medal places throughout the seasons competitions. Those at the top of each division at the end of the seasons' competition circuit win the awards.

As normal Point-Stop sparring rules will apply to Yellow and Green belt divisions, with both Continuous and Point-Stop

sparring available to Blue, Red and Black divisions. The Destruction competition is available to adult blue, red and black belt divisions. Apart from the different grade categories there are five height divisions for junior (under 18) grades and three weight divisions for adults.

Professional photographs will be covering the event with prints and CD orders available on the day. You are welcome to bring your own cameras as well.

If you wish to compete then please see your instructor for an entry form or visit the GTI website download page to get a copy.

NB.

- *GTI competitors may wear coloured/club doboks at this event.*
- *A full set of semi-contact type safety equipment is required for the sparring divisions. Gloves may be open or enclosed types. Bag gloves or weighted/boxing gloves are not allowed*
- *Male sparring competitors should wear groin protectors under the dobok trousers, not on the outside.*

**CLOSING DATE FOR ENTRIES:
Thursday 30th June**

Event Contact: Mr. Seamus McGinley

Tel: 07963 065 229

Email:

tournaments@gti-taekwondo.com

Venue: Leisure World

Highwoods, Brinkley Lane,
Colchester CO4 9PU

Officials Check-In: 9.00a.m

Doors open: 9.30a.m. & height checks for juniors commence.

Competition Starts: 10a.m.

Entry Costs: -

GTI Competitors: £15

Non-GTI: £20

Spectators: £5 (under 5's free)

Black Belt Grading Results

The spring black belt grading was held on 8th May at Master Sewell's Academy in Derby. The applicants were tested by the grading panel on all aspects of TKD, with additional knife defence skills and high jumping kicks to targets for those taking 2nd dans and higher.

Congratulations to the following applicants who were successful in gaining promotion.

Adult Dan Grade Promotions

Promoted to 1st Dan:

Adam Turner (Crewe)
Nicola Ayris (Braintree)
Anna Bradford (Bridgnorth)
Roger Husbands (North London)
Tho Nguyen (Derby)

Promoted to 2nd Dan:

Gareth Richardson (Basildon)
Charlotte Brown (Truro)
Andrew Robinson (Truro)
Jane Cummings (Wells)
Alfred Ferguson (Wells)

Promoted to 3rd Dan:

Christopher Mann (Basildon)
Patricia Finney (Truro)
Anne Doyle (Dublin)

Promoted to 4th Dan:

Jeremy Baldwin (Brentwood)

Junior (under 18) Dan Grade Promotions

Promoted to 1st Dan:

Ciaran Hicks (Truro)
Kartar Danesi (Telford)
Sam Harris (Wells)
Sonam Sandhu (Derby)
Iltija Afzal (Derby)
Ryan Ardern (Bridgnorth)
Jordan Roche (Dublin)
Daniel Ayris (Braintree)
Sumbal Chaudhry (Derby)

Promoted to 2nd Dan:

Niamh Keogh (Dublin)

Continued on page 2...

...continued from page 1
Black Belt Grading Results



NB. If anyone who took the grading, or their Instructor, would like to receive a copy of their group photograph by email then please send your request to:
secretary@gti-taekwondo.com

Black Belt Patterns Day
Sunday 17th July
Cheltenham

- A step by step guide to your new Black Belt Patterns.
- A chance to brush up on "rusty" patterns.
- Video Equipment will be available to help improve and polish-up known patterns.
- And inevitably a good work out in general.

5th Dans and above are welcome to use the space and equipment at their leisure.

Itinerary for the day:

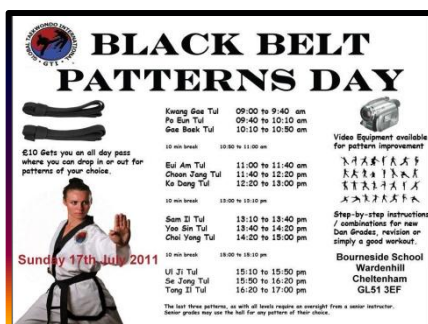
Kwang Gae Tul 09:00 to 9:40 am

Po Eun Tul 09:40 to 10:10 am
Gae Baek Tul 10:10 to 10:50 am
10 min break 10:50 to 11:00 am

Eui Am Tul 11:00 to 11:40 am
Choon Jang Tul 11:40 to 12:20 pm
Ko Dang Tul 12:20 to 13:00 pm
10 min break 13:00 to 13:10 pm

Sam Il Tul 13:10 to 13:40 pm
Yoo Sin Tul 13:40 to 14:20 pm
Choi Yong Tul 14:20 to 15:00 pm
10 min break 15:00 to 15:10 pm

Ul Ji Tul 15:10 to 15:50 pm
Se Jong Tul 15:50 to 16:20
Tong Il Tul 16:20 to 17:00



BLACK BELT PATTERNS DAY

Sunday 17th July 2011

£10 gets you an all day pass where you can drop in or out for patterns of your choice.

Kwang Gae Tul	09:00 to 9:40 am
Po Eun Tul	09:40 to 10:10 am
Gae Baek Tul	10:10 to 10:50 am
<i>10 min break 10:50 to 11:00 am</i>	
Eui Am Tul	11:00 to 11:40 am
Choon Jang Tul	11:40 to 12:20 pm
Ko Dang Tul	12:20 to 13:00 pm
<i>10 min break 13:00 to 13:10 pm</i>	
Sam Il Tul	13:10 to 13:40 pm
Yoo Sin Tul	13:40 to 14:20 pm
Choi Yong Tul	14:20 to 15:00 pm
<i>10 min break 15:00 to 15:10 pm</i>	
Ul Ji Tul	15:10 to 15:50 pm
Se Jong Tul	15:50 to 16:20 pm
Tong Il Tul	16:20 to 17:00 pm

Video Equipment available for pattern improvement

Step-by-step instructions / combinations for new Dan Grades, revision or simply a good workout!

Bourneside School
Wardenhill
Cheltenham
GL51 3EF

The full Black Belt Patterns, as well as belts require no copyright from a senior instructor. Senior grades may see the hall for any pattern of their choice.

Cost: £10 gets you an all day pass where you can drop in or out for the patterns of your choice.

Venue: Bourneside School, Wardenhill, Cheltenham. GL51 3EF

Contact: Mr. Seamus McGinley

Tel: 07963 065229

Email:

excalibur martial arts@hotmail.co.uk

Charity Event
Sunday 11th September
Swindon

The GTI's annual Charity Event is being held in Swindon this year and is in aid of the children's charity the NSPCC.

All grades are welcome to attend to take part in sparring or patterns, or do a bit of both, to raise funds for this noteworthy organisation.

Last year 'Help for Heroes' received just short of £2,500 due to the efforts of GTI Members and it would be nice to match or even better that amount this year.

More details and sponsorship forms will be available soon, both via your Instructor and as a download on the GTI website.

Start: 12p.m.

Venue: The Haydon Centre, Thames Ave., Haydon Wick, Swindon SN25 1QQ

Autumn Black Belt Grading
Sunday 9th October - Derby

Closing Date

Please note that all applications for the October dan grading must be with the GTI Secretary by no later than **Saturday 10th September**. If you are grading then please ensure that your Instructor has your completed application in ample time in order to meet the deadline.

Umpire & Referee Course
Sunday 30th October - Truro

This one day course is open to any TKD practitioner aged 16 years or older with a minimum grade of 2nd kup. Completing the course will enable you to develop the required skills to become a competent official at GTI competitions.

The Umpire qualification is also a requirement for those applying to take a 3rd degree grading. The cost of the course includes the purchase of a GTI Officials' polo-shirt. This is issued upon completion of the required training which involves officiating, under the supervision of a senior official, at GTI events. There is no charge for those taking the course on a refresher basis.

Drinks will be available, but please bring along a packed lunch. You will also require a tracksuit or similar, safety equipment, and a pen and paper. If you'd like to attend then please ask your Instructor for an application form.

Cost: GTI members £45
Non-GTI £59

Continued on page 3...

...continued from page 2
Umpire & Referee Course

Venue: Threemilestone
Community Centre, Truro,
Cornwall, TR3 6DP

Contact/Tutor: Mr. Paresh
Bhadeshia 5th dan

Email: [chairman@gti-
taekwondo.com](mailto:chairman@gti-taekwondo.com)

5th Dan Awarded

At the last competition Mr. Danny Broderick, who had recently announced his retirement from active TKD, was awarded with an honorary 5th degree. This was to acknowledge his dedication to the art since 1974, promoting TKD in Cornwall over many years, and for his input into the GTI.

Though retiring from regular teaching Mr. Broderick will be acting as a senior instructor and adviser to the Cornish area, and he hopes to be attending competitions as an official.

For a full profile on Mr. Broderick visit the GTI website www.gti-taekwondo.com

If you're viewing this electronically then you can go directly to the page by clicking [here](#).



Mr. Danny Broderick presented with 5th dan award from the GTI Chairman, Mr Paresh **Bhadeshia**

Other Upcoming Events

NLTKD Junior Open Championships 2011 Sunday 25th September.

The North London GTI Schools hosts its second open junior competition. More details to follow.

Instructor's Day Sunday 23rd October

This free training day will allow Instructors the chance to network and catch up on some of the new training methods that have been introduced in recent months; such as the alternative "Basic Drills". These can now be taught either as an option to 3-step sparring, or as an addition to the existing syllabus.

Other main issues that will be covered on the day will be

- Marketing & Promoting your School
- Teaching Methods to Aid Student Improvement.

Currently awaiting confirmation of the venue, more details to follow soon.

2011 GTI British Open Championships Sunday 13th November Cheltenham

This competition will be at the Leisure @ Cheltenham Sports Centre. The jumping high front kick competition will be reintroduced at this competition and will be open to both adult & junior divisions.

2011 Calendar of Events

3rd July

**GTI National Open
Tournament - Colchester**

17th July

**Black Belt Patterns Day
Cheltenham**

11th September

Charity Event - Swindon

25th September

**NLTKD Junior Open
Championships 2011
North London**

23rd October

**Instructors' Day
Venue: TBC**

9th October

Black Belt Grading – Derby

30th October

**Umpire & Referee Course
Truro**

Sun. 13th November

**GTI British Open
Championships
Cheltenham**